

PARTICIPANT INFORMATION STATEMENT AND CONSENT FORM

Therapeutic alliance (TA) in Cognitive Remediation Therapy (CRT) for Psychosis- A Clinicians Perspective
Chief Investigator: A/prof Julia Lappin

1. What is the research study about?

You are invited to take part in this research study. The research study aims to clinician's perspectives of the importance of therapeutic alliance (TA) when undertaking a cognitive remediation therapy (CRT) program with persons living with psychosis.

2. Who is conducting this research?

The study is being carried out by the following researchers:

- Chief Investigator- A/prof Julia Lappin
- Co-investigator- A/prof Matthew Thomas
- Student Researcher – Chloe Gott

3. Inclusion/Exclusion Criteria

Before you decide to participate in this research study, we need to ensure that it is ok for you to take part. The research study is looking recruit people who meet the following criteria:

- Clinical professionals working in a public mental health service in Australia.
- Has received formal training and supervision in a Cognitive Remediation Therapy (CRT) intervention or program (e.g. Computerised Interactive Remediation of Cognition and Thinking Skills (CIRCuiTS); Neuropsychological Educational Approach to Remediation (NEAR)).
- Has provided CRT to persons living with psychosis as part of their work in the public mental health service within the last 5 years.

Participants who meet the following criteria will be excluded from the study:

- Persons providing CRT only as part of their private practice
- CRT therapists that are not a registered health professionals (i.e with AHPRA or Australian Association of Social Workers (AASW))

4. Do I have to take part in this research study?

Participation in this research study is voluntary. If you do not want to take part, you do not have to. If you decide to take part and later change your mind, you are free to withdraw from the study at any stage.

If you decide you want to take part in the research study, you will be asked to:

- Read the information carefully (ask questions if necessary);
- Sign the online consent form if you decide to participate in the study;
- You can download a copy of this form to keep.

5. What does participation in this research require, and are there any risks involved?

If you agree to participate you will be asked to complete the following research procedures.

Questionnaire/Survey: An online questionnaire asking you to provide some demographic information and answer some questions about clinical experience and background. You will be asked to complete this survey on one occasion. The survey should take approx. 5 mins to complete.

Interview: An online interview will be conducted with the student researcher, and you will be asked questions about perspectives of the importance of therapeutic alliance (TA) when undertaking a cognitive remediation therapy (CRT) program with persons living with psychosis. The interview will take

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place over MS Teams and will take approximately 30 minutes. With your permission the research team would like to video record the interview. If you do not wish to be recorded but you would like to participate you advise the research team and written notes will be taken.

Approximately one week after the interview a copy of the transcript will be sent for your review by email, you will also be sent a short survey asking you to describe any additional reflections on this topic that may have arisen since the interview or in response to the transcript. This should take approximately 10 minutes. You will complete this one time and receive one follow up reminder.

Additional Costs and Reimbursement: There are no costs associated with participating in this research project, nor will you be paid.

Psychological Distress: You may feel that some of the questions we ask are stressful or upsetting. If you do not wish to answer a question, you may skip it and go to the next question, or you may stop immediately. If you become upset or distressed as a result of your participation in the research project, we have provided some resources below that you can reach out to for further support.

- Employee Assistant Program (EAP)- you can access confidential and independent professional counselling services through your workplace, details for this can be found on staff intranet.
- Beyond Blue: 1300 22 46 36

6. What will happen to information about me?

By signing the consent form, you consent to the research team collecting and using information about you for the research study.

The research team will store the data collected from you for this research project for:

- A minimum of 7 years after the completion of the research

The information about you will be stored in an/a:

- Re-identifiable format where any identifiers such as your name and email address will be stored with a unique pseudonym.
- Information collected from you in an electronic format will be stored on a UNSW password protected OneDrive only accessible to the approved research investigators.
- Video recordings will be stored on a UNSW password protected OneDrive only accessible to the approved research investigators

The information you provide is personal information for the purposes of the Privacy and Personal Information Protection Act 1998 (NSW). You have the right of access to personal information held about you by the University, the right to request correction and amendment of it, and the right to make a complaint about a breach of the Information Protection Principles as contained in the PPIP Act. Further information on how the University protects personal information is available in the [UNSW Privacy Management Plan](#).

7. How and when will I find out what the results of the research study are?

The research team intend to publish the results of the research. All Information will be published in a way that will not identify you.

If you would like to receive a copy of the results you can let the research team know by inserting your email or mailing address in the consent form. We will only use these details to send you the results of the research.

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8. What if I want to withdraw from the research study?

If you do consent to participate, you may withdraw at any time. You can do so by completing the 'Withdrawal of Consent Form' which is provided at the end of this document or you can ring the research team and tell them you no longer want to participate. Your decision not to participate or to withdraw from the study will not affect your relationship with UNSW Sydney. If you decide to leave the research study, the researchers will not collect additional information from you. You can request that any identifiable information about you be withdrawn from the research project.

9. What if I have a complaint or any concerns about the research study?

If you have a complaint regarding any aspect of the study or the way it is being conducted, please contact the UNSW Human Ethics Coordinator:

Complaints Contact

Position	UNSW Human Research Ethics Coordinator
Telephone	+ 61 2 9385 6222
Email	humanethics@unsw.edu.au
HC Reference Number	iRECS9052

10. What should I do if I have further questions about my involvement in the research study?

The person you may need to contact will depend on the nature of your query. If you require further information regarding this study or if you have any problems which may be related to your involvement in the study, you can contact the following member/s of the research team:

Research Team Contact Details

Name	Chloe Gott
Position	PhD candidate
Telephone	02 9385 8765
Email	c.gott@unsw.edu.au

Chief Investigator

Name	Julia Lappin
Position	Associate Professor
Telephone	02 9385 8765
Email	j.lappin@unsw.edu.au

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Consent Form – Participant providing own consent

Declaration by the participant

- I understand I am being asked to provide consent to participate in this research study;
- I have read the Participant Information Sheet, or someone has read it to me in a language that I understand;
- I understand the purposes, study tasks and risks of the research described in the study;
- Recordings: I understand that the research team will video record the interview. I agree to be recorded for this purpose.
- I provide my consent for the information collected about me to be used for the purpose of this research study only.
- I have had an opportunity to ask questions and I am satisfied with the answers I have received;
- I freely agree to participate in this research study as described and understand that I am free to withdraw at any time during the study and withdrawal will not affect my relationship with any of the named organisations and/or research team members;
- I would like to receive a copy of the study results via email, I have provided my details below and ask that they be used for this purpose only;

Email Address: _____

Participant Signature

Name of Participant (please print)	
Signature of Research Participant	
Date	

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Form for Withdrawal of Participation

I wish to **WITHDRAW** my consent to participate in this research study described above and understand that such withdrawal **WILL NOT** affect my relationship with The University of New South Wales.

- I am withdrawing my consent and I would like any identifiable information collected about me which I have provided for the purpose of this research study withdrawn.

Participant Name

Name of Participant (please type)	
Date	

The section for Withdrawal of Participation should be forwarded to:

CI Name:	Julia Lappin
Email:	Associate Professor
Phone:	02 9385 8765
Postal Address:	j.lappin@unsw.edu.au